

San Bruno Parks and Recreation Services Presents



AMERICAN RED CROSS

2009 Lifeguard Training Courses

This course, based on the American Red Cross Lifeguarding Program, will certify students in Lifeguarding, CPR and AED for the Professional Rescuer, and First Aid. Students must be 15 years of age by the last day of class and pass a swim pre-test (swim 300 yards continuously, retrieve a 10 pound brick from 10 feet and return it to designated spot).

Code: 0901.201

Day(s): Monday-Friday Dates: April 6-April 10 Times: 10:00am-4:00pm

Fee: \$175

Code: 0901.202

Day(s): Sunday, Monday-Friday

Dates: May 10-May 15

Times: Sunday, May 10 12-5pm, Monday-Friday 4-9pm

Fee: \$175

Code: 0901.203

Day(s): Saturday-Wednesday (Memorial Day Weekend)

Dates: May 23-May 27

Time: Saturday, Sunday, Monday 10:00am-5:00pm/Tuesday and Wednesday 5:00pm-

9:30pm Fee: \$175

ATTENDANCE AT EVERY CLASS IS REQUIRED.

For more information contact Jennie at (650) 616-7184.